

1st International Congress for Minimal Invasive Orthopaedic Surgery Current Concepts

Organised by

1st Orthopaedic Department
Interbalkan Medical Center, Thessaloniki

27-28-29 August 2021

Rethymno, Crete

 Hybrid Conference

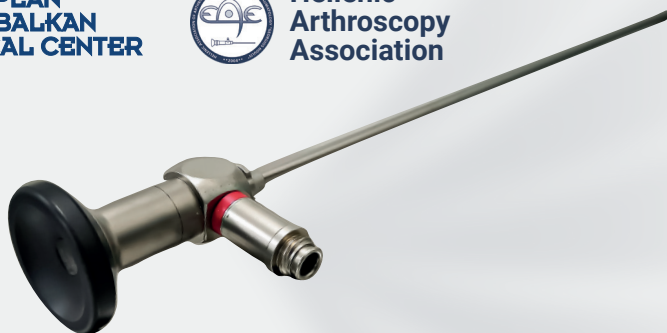
Under the auspices of:



EUROPEAN
INTERBALKAN
MEDICAL CENTER



Hellenic
Arthroscopy
Association



Round Tables:

Hip Arthroplasty

Knee Arthroplasty

Knee Arthroscopy

Shoulder Arthroscopy

Elbow Arthroscopy

Paediatric Orthopaedics

Spine

Foot and Ankle

Regenerative Medicine

Orthopaedic Trauma

Sports Medicine

PROGRAM

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PRESIDENT'S MESSAGE

Dear Colleagues,

We are delighted to announce the organization of the 1st Congress on Minimally Invasive Surgery covering the entire spectrum of Orthopedic Pathology, which is to be held in hybrid form, on 27-28-29 August 2021, in Rethymno, Crete.

The aim of the Congress is the exchange of viewpoints by highly distinguished Orthopaedic Specialists from ten (10) different countries, such as England, Germany, France, Sweden, Belgium etc.

Characteristic feature of the Congress is the live participation of 25 invited colleagues from abroad who, along with a relatively small number of eminent Greek colleagues, will set up 11 round tables, exchange views and announce their conclusions regarding minimally invasive techniques in Orthopaedics.

Along with view exchange among Experts in Orthopedics, our wish is to offer a short escape of relaxation to the Organizers, to the Participants of the Scientific Program, as well as to those participants who will have the opportunity to attend the Congress with their physical presence in one of the most popular hotels in Crete.

The President's ultimate goal is to promote the Orthopaedic Science in his homeland, Crete, and to establish the Congress as an institution for the future.

In compliance with the health protocols currently in force, the number of participants with physical presence will be limited. For this reason, we kindly ask for your timely registration and inform you that a strict list will be kept according to the order of priority of expressions of interest.

Sincerely yours
The President of the Congress

Prof. Stylianos Kapetanakis
Director of 1st Orthopaedic Department
European Interbalkan Medical Center of Thessaloniki

27-28-29 August 2021
Rethymno, Crete

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Shoulder session

Moderators: K. Dimitrakas, Th. Lafosse

- | | |
|---------------|---|
| 09:00 - 09:15 | Arthroscopic Latarjet for anterior chronic instability. Where are we today ?
L. Lafosse |
| 09:15 - 09:30 | Endoscopic brachial plexus release
Th. Lafosse |
| 09:30 - 09:45 | Tendon transfer options for massive rotator cuff tear
E. Bassem |
| 09:45 - 10:00 | SLAP lesion revisited
A. Castagna |
| 10:00 - 10:15 | Massive Rotator Cuff Tears. Superior Capsular reconstruction with the Long Head of the Biceps Tendon
J. Barth |
| 10:15 - 10:30 | Education on Shoulder Surgery. The Past, the present and the future
A. Boutsiadis |
| 10:30 - 10:45 | Discussion |
| 10:45 - 11:00 | <i>Coffee Break</i> |

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Knee Arthroplasty session

Moderators: E. Tsiridis, L. Niggemann

11:00 - 11:15	Tourniquetless Total Knee Arthroplasty E. Ziogas
11:15 - 11:30	Robotic technology and artificial intelligence in knee arthroplasty what vision for the future S. Lustig
11:30 - 11:45	Robotic arthroplasty: The game changer E. Tsiridis
11:45 - 12:00	Optimizing soft tissue balancing in TKA L. Poultsides
12:00 - 12:15	The medial pivot concept G. Macheras
12:15 - 12:30	Discussion
12:30 - 13:00	<i>Light Lunch</i>

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Hip Arthroplasty session

Moderators: E. Ziogas, S. Lustig

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|---------------|---|
| 13:00 - 13:15 | Dual mobility THA: a durable game changer or the next cause for concern ?
S. Lustig |
| 13:15 - 13:30 | STAR approach: The new MIS FAST TRACK total hip arthroplasty
E. Tsiridis |
| 13:30 - 13:45 | Why do I prefer Direct Anterior Approach on a Regular for THA
L. Poultsides |
| 13:45 - 14:00 | Revision surgery: dilemmas, concerns, solutions
G.Macheras |
| 14:00 - 14:15 | Tips and tricks for replacement of the acetabular component
L. Niggemann |
| 14:15 - 14:30 | Discussion |
| 14:30 - 14:45 | <i>Coffee Break</i> |

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Saturday 28 August 2021

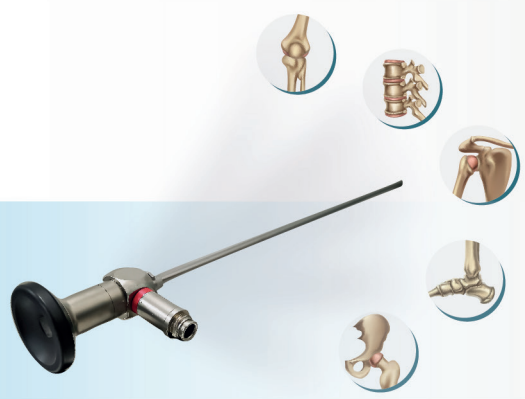
Sports Medicine - Sports Injuries session

Moderators: P. Koumis, A. Quaglia

09:00 - 09:15	Why it is important to prevent Sports Injuries P. Koumis
09:15 - 09:30	Ankle Instability: Surgical Options and the role of Arthroscopy N. Markopoulos
09:30 - 09:45	Epidemiology of sports injuries in a professional football team A. Quaglia
09:45 - 10:00	Meniscal injuries in ACL deficiency D. Chissas
10:00 - 10:15	The role of transforaminal lumbar endoscopic discectomy in elite athletes S. Kapetanakis
10:15 - 10:30	Functional conditions of basketball players after lockdown with special reference to those who had a Covid - 19 infections D. Nenad
10:30 - 10:45	Nutritional guidance during recovery from COVID-19 infection M. Andjelkovic
10:45 - 11:00	Prevention of common soccer injuries Ch. Theos
11:00 - 11:15	Discussion

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Saturday 28 August 2021

Elbow Arthroscopy session

Moderators: Ch. Koukos, R. van Riet

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|---------------|---|
| 11:15 - 11:30 | Arthroscopic Management of the elbow instability
R. van Riet |
| 11:30 - 11:45 | Anconeus-Sparing Minimally Invasive Approach for Lateral Ulnar Collateral Ligament Reconstruction in Posterolateral Elbow Instability
A. Voss |
| 11:45 - 12:00 | Management of the stiff elbow
A. Leonidou |
| 12:00 - 12:15 | Osteoarthritis of the elbow: Non-operative and operative strategies
Ph. Kasten |
| 12:15 - 12:30 | Complications in elbow arthroscopy
P. Givissis |
| 12:30 - 12:45 | Lateral elbow pain. Differential diagnoses and treatment
L. Witsch |
| 12:45 - 13:00 | Discussion |
| 13:00 - 13:30 | <i>Light Lunch</i> |

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Saturday 28 August 2021

Foot and Ankle session

Moderators: D. Hatziemmanuil, K. Buedts

13:30 - 13:45	Minimally invasive Hallux valgus correction D. Hatziemmanuil
13:45 - 14:00	Innovation in Orthopaedics A. Goldberg
14:00 - 14:15	Chronic Ankle Instability, Myth or a fact K. Buedts
14:15 - 14:30	The paediatric and adolescent foot. Diagnostic and Therapeutic Approach Ch. Konstantoulakis
14:30 - 14:45	Arthroscopic double, triple, TTC and pantalar arthrodesis N. Gougoulias
14:45 - 15:00	Discussion
15:00 - 15:15	<i>Coffee Break</i>

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SCIENTIFIC PROGRAM

Saturday 28 August 2021

Regenerative Medicine session

Moderators: Th. Chatzipetrou, S.Schneider

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|---------------|---|
| 15:15 - 15:30 | AutoCart – All Autologous Cartilage Regeneration Biological Basics
E. Christoph |
| 15:30 - 15:45 | AutoCart - Technical procedure and first 2 years results
S. Shneider |
| 15:45 - 16:00 | All autologous arthroscopic cartilage regeneration(autocart)-our experience – histological results
K. Dimitrakas |
| 16:00 - 16:15 | Towards Personalized Cartilage Implants, an Advanced Therapy Medicinal Product (ATMP) development journey
A. Kritis |
| 16:15 - 16:30 | PRF and SVF treatment of osteoarthritis in peripheral joints
Torbjorn Ogeus |
| 16:30 - 16:45 | Prp and their evidence based use in Orthopaedic surgery
Th. Chatzipetrou |
| 16:45 - 17:00 | Discussion |

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Sunday 29 August 2021

Spine session

Moderators: S. Kapetanakis, M. G.Hess

09:00 - 09:15	The present and the future of endoscopic techniques in lumbar spine surgery S. Kapetanakis
09:15 - 09:30	Interlaminar endoscopic spine surgery M.G. Hess
09:30 - 09:45	MIS adolescent and adult scoliosis surgery G. Bakaloudis
09:45 - 10:00	Virtual presentation transforaminal endoscopic spine surgery. Tips and tricks S. Kapetanakis - N. Gkantsinikoudis
10:00 - 10:15	Minimal invasive procedures for vertebral fractures E. Floros
10:15 - 10:30	Comprehensive surgical treatment strategy for spinal tumors with special attention to preoperative embolization J. Bladowska
10:30 - 10:45	Discussion
10:45 - 11:00	<i>Coffee Break</i>

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Sunday 29 August 2021

Orthopaedic Trauma session

Moderators: E. Floros, R. Smektala

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|---------------|---|
| 11:00 - 11:15 | Osteosynthetic treatment of proximal femoral fractures: the timing of Treatment is delayed in case of pre-existing anticoagulation
Jan Korbmacher |
| 11:15 - 11:30 | Periprosthetic femur fracture: update
M. Sandfort |
| 11:30 - 11:45 | Lisfranc fracture - dislocation.
Current management
A. Pettas |
| 11:45 - 12:00 | MIS with cancellous screws by Hip fracture
M. Vermisoglou |
| 12:00 - 12:15 | The influence of timing of surgery on mortality and early complications in femoral neck fractures, by surgical procedure
R. Smektala |
| 12:15 - 12:30 | Discussion |
| 12:30 - 13:00 | <i>Light Lunch</i> |

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Knee Arthroscopy session

Moderators: H. Voulgaropoulos, A. Silva

13:00 - 13:15	Anterolateral Ligament Reconstruction S. Papastergiou
13:15 - 13:30	Are all ACL techniques worth the time? A. Silva
13:30 - 13:45	Lateral tenodesis in ACL reconstruction: indications and technique M. Hantes
13:45 - 14:00	ACL reconstruction in adolescents A. Quaglia
14:00 - 14:15	ACL reconstruction, the all inside technique P. Kouloumentas
14:15 - 14:30	ACL reconstruction and osteoarthritis: Myths and reality H. Voulgaropoulos
14:30 - 14:45	ACL Deficiency in knee malalignment M. Iosifidis
14:45 - 15:00	Discussion

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Paediatric Orthopaedics session

Moderators: M. Vermisoglou, K. Rimmel

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|---------------|--|
| 15:00 - 15:15 | Establishment of a small pediatric orthopedic center in northern Tanzania
A. M. Schraml |
| 15:15 - 15:30 | Too bended and too short – maldeformity of the lower extremities with children and their minimal invasive correction
K. Rimmel |
| 15:30 - 15:45 | Guided growth for frontal plane deformity correction
Benedikt Leidinger |
| 15:45 - 16:00 | The paediatric and adolescent foot. Diagnostic and Therapeutic Approach
Ch. Konstantoulakis |
| 16:00 - 16:15 | Discussion |

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